All of our lunches are prepared and served by: Early Years Catering



## Autumn/Winter Lunch & Tea Week 4

Tel: 01179 666 112 Email: admin@earlyyearscatering.co.uk Web: www.earlyyearscatering.co.uk

wonday	Mediterranean Vegetable Tomato & Basil Sauce Organic Pasta Grated Cheese	Fish Fingers and Peas Fresh Fruit
	Organic Yeo Valley Yoghurt Turkey & Sweet potato Curry Chickpea & Sweet potato Curry Rice	Tomato Pasta Grated Cheese
	Organic Yeo Valley Yoghurt	Fresh Fruit
	Shepherd's Pie Soya Mince Green Beans	Toasted Muffin with Ham/Cheese Salad Fresh Fruit
	Organic Yeo Valley Yoghurt	i i con i i ut
	Tuscan Fish Casserole Tuscan Bean Casserole New Potatoes	Tomato Soup Fresh Bread
	Peas Organic Yeo Valley Yoghurt	Fresh Fruit
600	Pork Chipolatas in Gravy Sage & Marjoram Soya Sausage Mashed Potato	
	Swede & Carrots Organic Yeo Valley Yoghurt	

## About Our Menu

Our menus run on a four-week cycle offering a different range of meals each week, so that your child has the varied diet required to help them develop their tastes and make healthy choices in the future.

All our meat is locally sourced and Farm Assured. All our eggs are free range. We use seasonal vegetables where possible.